



# Now I can...

## get back to my life

When Idaho native Janet Henry was hit by a car while cycling on the Natchez Trace, the impact fractured her spine in three places, broke seven ribs, bruised her brain and shattered bones in her left arm.

It was a devastating outcome for an adventure-seeker who loves biking, kayaking, dancing and traveling cross country in her RV. "But if it had to happen, what a great place for it to happen," she said. "I've been blessed with angels who care every step of the way."

After more than four months of inpatient and outpatient therapy at Methodist Rehabilitation Center, Henry got back astride her bike and behind the wheel of her RV. She left Mississippi saying, "I really do hate to leave."

"I've made some new friends," she said. "The team Methodist Rehab put together for me was excellent. They were professional, caring, motivating, fun and made it interesting to come to therapy."



Earl R. Wilson, Founding Chairman  
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